

Utskriftsdatum: 2024-06-17

Klass: F

| | Måndag | Tisdag | Onsdag | Torsdag | Fredag | |
|-------|------------|------------|---------------------------|------------|------------|-------|
| 08:00 | | | | | | 08:00 |
| 20 | 08:15 | 08:15 | 08:15 | 08:15 | 08:15 | 20 |
| 40 | EA DuK,WiJ | EA DuK,WiJ | IoH HaM,WaL Friskis | Rytmik DuK | EA HiA,WiJ | 40 |
| 09:00 | | | | 08:50 | 08:50 | 09:00 |
| 20 | 09:30 | 09:30 | 09:30 | 09:30 | 09:30 | 20 |
| 40 | | | | | | 40 |
| 10:00 | 10:00 | 10:00 | 10:00 | 10:00 | 10:00 | 10:00 |
| 20 | EA DuK,WiJ | EA DuK,WiJ | EA DuK,WiJ | EA DuK,BeJ | EA HiA,WiJ | 20 |
| 40 | | | | | | 40 |
| 11:00 | 11:00 | 11:00 | 11:00 | 11:00 | 11:00 | 11:00 |
| 20 | | | | | | 20 |
| 40 | 11:45 | 11:45 | 11:45 | 11:45 | 11:45 | 40 |
| 12:00 | | | | | | 12:00 |
| 20 | EA DuK,WiJ | EA DuK,WiJ | EA DuK,WiJ | EA DuK,WiJ | EA HaM,HiA | 20 |
| 40 | | | | | | 40 |
| 13:00 | 13:15 | 13:15 | 13:15 | 13:15 | 13:15 | 13:00 |
| 20 | | | | | | 20 |
| 40 | | | | | | 40 |
| 14:00 | | | | | | 14:00 |
| 20 | | | | | | 20 |
| 40 | | | | | | 40 |
| 15:00 | | | | | | 15:00 |
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| 40 | | | | | | 40 |
| 16:00 | | | | | | 16:00 |
| 20 | | | | | | 20 |